Michaelson repeats to headline 2010-11 MIAC Women's Hockey Awards

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St. Paul, Minn. -- The Minnesota Intercollegiate Athletic Conference (MIAC) announced the 2010-11 MIAC Women's Hockey Awards today, March 3, 2010. St. Catherine University senior forward Michaela Michaelson was named the MIAC Player-of-the-Year for the second-straight season. Michaelson also headlined the 22-member MIAC All-Conference team.

Michaelson finished with 14 goals and 13 assists for 27 points overall, and 13 goals and nine assists for 22 points in conference play. Her 13 goals led the MIAC in league play and her 22 points were fourth-most in conference games. Michaelson had seven power-play points and two game-winning goals for the Wildcats. Michaelson is the fourth MIAC women's hockey player to be named conference Player-of-the-Year more than once, and the third to earn the honor in consecutive seasons. This her fourth consecutive All-Conference honor.

St. Catherine senior goaltender Mel Gerten was selected as the 2010-11 Sheila Brown Award recipient. The award is given to a senior who has made a long-term contribution to her team's success and who has consistently competed with good sportsmanship. Gerten was selected as the recipient based on four main criteria: Team Leadership; Sportsmanship and volunteer work; Academic Excellence; and Hockey skills and production.

Gerten is a Wildcats' team captain and she graduates with eight school goaldtending records, including career saves (2,475) and wins (42). She is also extremely active in the community, and is on pace to graduate in the top 10 of her class this spring with a double major in Accounting and Financial Economics.

The individual honors cap stellar careers for the St. Catherine duo of Michaelson and Gerten. The two were also high school teammates at Simley in Inver Grove Heights, Minn., before continuing their careers together with the Wildcats.

Gustavus head coach Mike Carroll was named the 2010-11 MIAC Coach-of-the-Year. Carroll, in his 15th season with the Gusties, led his team to a regular season conference title, a 14-2-2 MIAC (19-3-3 overall) record and the top seed in the conference playoffs. This is Carroll's fifth MIAC Coach-of-the-Year honor, and it comes in a season in which he surpassed 250 career wins. This is the Gusties' seventh-straight MIAC regular season championship, and the team's 10th title overall in the conference's 16 seasons.

Bethel led the MIAC with five players named to the 22-member All-Conference team. St. Olaf placed four players on the squad and Concordia and Gustavus had two selections each. St. Thomas, St. Catherine and Saint Mary's each had two players selected, and Hamline placed one player on the team. This year's All-Conference squad featured seven seniors, seven juniors, six sophomores and two freshmen.

Michaelson and Gustavus' Kirstin Peterson are the only four-time All-Conference selections on this year's team, earning the honor in each of their collegiate seasons. Bethel's Anna Carlson, St. Catherine's Meghan Lange, St. Olaf's Kristen Latta and Saint Mary's Dy-anna Stewart all earned their third-straight All-Conference honor. In all, 10 players were repeat selections from a year ago, and 13 players all earned the honor for at least the second time in their career.

The MIAC also announced a six-member All-Rookie Team, and 16 players received All-Conference Honorable Mention.

As part of a conference-wide sportsmanship initiative, the MIAC announced the fifth annual All-MIAC Sportsmanship team for women's hockey. Members of the All-MIAC Sportsmanship team are selected by their coaches and teammates as individuals who demonstrate ideals of positive sportsmanship both on and off the field of competition.

2010-11 MIAC Women's Hockey Awards

Player-of-the-Year: Michaela Michaelson, St. Catherine (Sr., Inver Grove Heights, Minn./Simley)

Sheila Brown Award: Mel Gerten, St. Catherine (Sr., Inver Grove Heights/Simley)

Coach-of-the-Year: Mike Carroll, Gustavus (15th season)

2010-11 MIAC Women's Hockey All-Conference Team

Name	Team	Year	Position	Hometown/High School
Allie Bondy	Concordia	Jr.	Defense	Moorhead, Minn.
Anna Carlson	Bethel	Jr.	Defense	Roseville, Minn.
Amanda Cartony	Gustavus	Fr.	Forward	Stillwater, Minn.
Katelyn Dold	Concordia	Jr.	Forward	St. Cloud, Minn./Tech
Lindsey Hjelm	Gustavus	So.	Forward	North Oaks, Minn./Mounds View
Biz Huss	Bethel	So.	Forward	Beaver Bay, Minn./William H. Kelley
Katie Iraci	St. Olaf	Sr.	Forward	Park Ridge, Ill./Loyola
Haley Johnson	Hamline	So.	Forward	Bemidji, Minn.
Kaylee Keys	St. Thomas	Jr.	Forward	St. Paul, Minn./Cretin-Derham Hall
Meghan Lange	St. Catherine	Sr.	Defense	West St. Paul, Minn./Henry Sibley
Kristen Latta	St. Olaf	Jr.	Defense	Edina. Minn.
Cristina Masten	Bethel	Fr.	Forward	Fergus Falls, Minn.
Michaela Michaelson	St. Catherine	Sr.	Forward	Inver Grove Heights, Minn./Simley
Jessica Newstrom	Bethel	So.	Goaltender	Cambridge, Minn./Cambridge-Isanti

Nicole Olson	Saint Mary's	Jr.	Forward	New Brighton, Minn./Irondale
Allison Papko	Bethel	Sr.	Forward	Winnipeg, Manitoba/Dakota Collegiate
Meghan Parker	St. Thomas	Jr.	Defense	West St. Paul, Minn./Henray Sibley
Kirstin Peterson	Gustavus	Sr.	Defense	St. Paul, Minn./Hill-Murray
Jessica Ptachick	St. Olaf	Sr.	Goaltender	Burnsville, Minn./Apple Valley
Dy-anna Stewart	Saint Mary's	Sr.	Defense	Eden Prairie, Minn.
Nicole Stumpf	St. Olaf	So.	Forward	Oakdale, Minn./Hill-Murray
Jenna Westerham	Concordia	So.	Forward	Wayzata, Minn./Hopkins

2010-11 MIAC Women's Hockey All-Rookie Team

Name	Team	Year	Position	Hometown/High School
Maddie Bergh	Gustavus	Fr.	Defense	Eden Prairie, Minn./Benilde-St. Margaret's
Amanda Cartony	Gustavus	Fr.	Forward	Stillwater, Minn.
Mary Grace Flesher	St. Thomas	Fr.	Defense	Rochester, Minn./Mayo
Cristina Masten	Bethel	Fr.	Forward	Fergus Falls, Minn./Fergus Falls
Alise Riedel	St. Thomas	Fr.	Goaltender	Hudson, Wis.
Abby Taffe	Concordia	Fr.	Forward	Aberdeen, S.D./Aberdeen

2010-11 MIAC Women's Hockey All-Conference Honorable Mention

Name	Team	Year	Position	Hometown/High School
Kayla Clafton	St. Catherine	Jr.	Defense	Grand Rapids, Minn.
Haley Coolsaet	Saint Mary's	Fr.	Forward	Grosse Island, Mich.
Kelley Fallen	St. Thomas	Sr.	Forward	Plymouth, Minn./Armstrong
Margot Fleming	St. Olaf	Fr.	Forward	Wayzata, Minn./Benilde-St. Margaret's
Rachael Geng	Bethel	Jr.	Defense	South St. Paul, Minn.
Kerri Graske	Saint Benedict	Jr.	Defense	Stillwater, Minn.
Danielle Justice	Gustavus	Jr.	Goaltender	Alexandria, Minn./Jefferson
Dana Kreuser	Saint Mary's	Jr.	Defense	Maplewood, Minn./Roseville
Alli Miller	Hamline	Sr.	Forward	Faribault, Minn.
Holly Reinking	Saint Benedict	Sr.	Forward	Maple Grove, Minn./Elk River
Alise Riedel	St. Thomas	Fr.	Goaltender	Hudson, Wis.
Taylor Schluter	St. Thomas	Jr.	Forward	Minnetonka, Minn./Benilde-St. Margaret's
Allie Schwab	Gustavus	Jr.	Forward	Stillwater, Minn.
Emily Sell	Concordia	Sr.	Forward	Willston, N.D./North Dakota
Erin Stenseth	Saint Mary's	So.	Forward	Eau Claire, Wis.
Meghan Stumpf	St. Olaf	Sr.	Forward	Oakdale, Minn./Hill-Murray

2010-11 Women's Hockey All-MIAC Sportsmanship Team

Augsburg - Whitney Pratt (Sr., Mitchell, S.D.)

Bethel - Kassy Sullivan (Sr., Roseville, Minn.)

Concordia - Desiree Goret (So., Rosemount, Minn.)

Gustavus - Sara Yungner (Sr., Maple Grove, Minn./ Wayzata)

Hamline - Haley Johnson (So., Bemidji, Minn.)

Saint Benedict - Holly Reinking (Sr., Maple Grove, Minn./Elk River)

St. Catherine - Jessica Feltes (Sr., Des Plaines, Ill./Elk Grove)

Saint Mary's - Nicole Olson (Jr., New Brighton, Minn./Irondale)

St. Olaf - Carolyn Sneep (Sr., Nisswa, Minn./Brainerd)

St. Thomas - Kristen Grossman (Sr., Golden Valley, Minn./Armstrong)